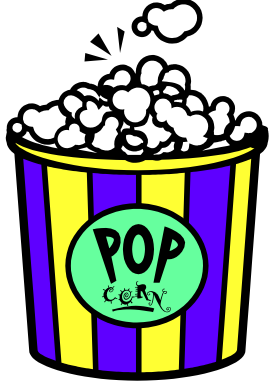
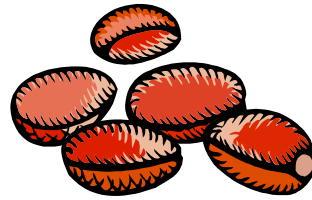


3 cups air popped popcorn



2 ½ cups watermelon



14 Almonds

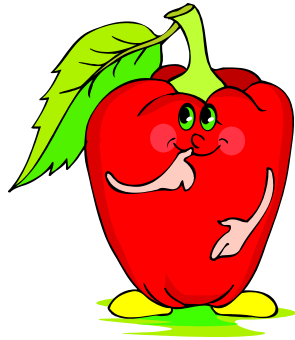
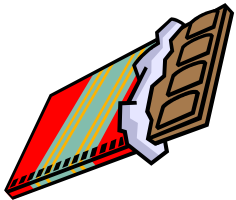
3 Clementines



1 ½ oz part-skim mozzarella & tomato slice

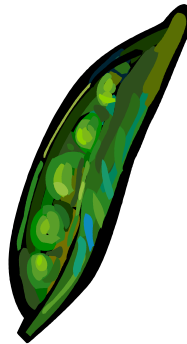


2/3 oz. dark chocolate



2 cups chopped red pepper

½ cup edamame



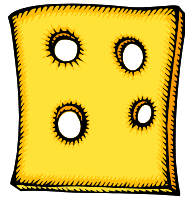
1 medium apple



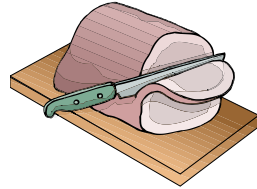
1 cup chopped mango



1 tbsp peanut butter
&
1 medium celery
stick



1 slice turkey breast
& 1 slice Swiss cheese



2 tbsp guacamole
& 5 chips

2 tbsp hummus &
11 baby carrots



15 raspberries

100-CALORIE SNACKS