

Newborn Baby Checklist

Baby Gear

- Back Facing Infant Car Seat
- Stroller – choose one that fully reclines for infants
- Infant seat
- Receiving blankets

Furniture

- Bassinet or Crib with appropriate mattress, waterproof pads and linens
- Play yard or Activity Blanket

Bathing/Washing

- Newborn tub
- Unscented baby soap, shampoo, Baby oil, and lotion
- Washcloths and hooded towels or robe
- Infant brush and comb set
- Laundry detergent- Dreft or All Free Clear

Feeding

- Bibs
- Burping Cloths
- Bottles and nipples
- Bottle Warmer and Sterilizer
- Breast pump and breast milk storage bags

Clothing

You generally want soft, easy to change outfits since you will probably be changing your baby several times a day. A one-week supply of clothing is a good idea so you do not spend the first few days at home doing laundry! It is also better to buy clothes a little larger since babies outgrow newborn sizes so quickly. We recommend laundering new clothes before putting on the baby.

- Onesies

Socks and booties

T-Shirts

Outfits or shirts and pants

Sleepers (footed if in winter)

Weather appropriate clothing – sweater, jacket or snowsuit

Hats and bonnets, mittens

Diapering

Diapers – Cloth or disposable - whichever you choose to use keep plenty on hand since you'll be changing your baby up to 12 times a day.

Wipes, unscented and alcohol free

Changing pad

Diaper rash cream

Diaper Bag

Safety

Infant/Toddler First Aid kit

Baby Monitor

Smoke and Carbon Monoxide alarm

Infant Acetaminophen drops – ALWAYS contact us for the first 4 months of baby's life for advice on giving this medication.

Infant nail scissors

Rubbing Alcohol for umbilical cord care

Thermometer – digital ear

Night light

Cool Mist Vaporizer